



Your Child and Anesthesia

Questions your Anesthesiologist will ask you

Prior anesthetic/surgical history?

Prior family history of problems with surgery or anesthesia?

Current medical conditions?

Current medications?

Allergies to medication?

Sometimes minor illnesses such as sniffles and colds may cause problems during some types of surgery and anesthesia. For this reason, on rare occasions, the anesthesiologist may feel it best to postpone your child's surgery. Remember the anesthesiologist has your child's safety in mind.

Fasting Guidelines

(time prior to procedure)

3 hours for clear liquids

4 hours for breast milk

6 hours for infant formula

6 hours for non-human milk

8 hours for solids

These guidelines may be modified by your anesthesiologist based on other medical conditions your child may have. Clear liquids include: water, Pedialyte, fruit juices without pulp, carbonated beverages, Popsicles, Gatorade and Kool Aid.



Anesthesia Resources for Children (ARCh) is a dedicated group of board certified, pediatric fellowship trained anesthesia sub specialists who focus on pediatric anesthesia services for neonates, infants and children. In collaboration with parents, surgeons and pediatric specialists, the ARCh physician anesthesia team provides the highest quality anesthesia care with a total commitment to your child - our patient.

What do Pediatric Anesthesiologists do?

ARCh physicians provide a full spectrum of anesthetic care, from ambulatory surgery center services to high-risk procedures, including: Neonatal and Pediatric General Surgery, Pediatric ENT Surgery, Orthopedic, Urologic, Eye Surgery, Dental, Neurosurgery and Craniofacial Surgery.

Our objective is to provide safe, optimal conditions during surgery making the operative experience as pleasant and comfortable as possible. ARCh considers every procedure important, whether general anesthesia or conscious sedation for minor procedures. Our physicians remain at your child's side the entire time, continually monitoring vital functions and attending to his/her needs until safely recovered from the effects of anesthesia care.

ARCh provides all physician anesthesia care.

Along with your other specialists, ARCh physicians

are committed to supporting and safely guiding your child through his/her anesthetic journey.

What does the Pediatric Anesthesiologist need to know?

One of the Pediatric Anesthesiologists will make every effort to contact you the evening prior to surgery to review important aspects of your child's health. However, in the event that you have not been contacted, the anesthesiologist will meet you and discuss the anesthesia the day of surgery. We will ensure that your child is in the best possible physical condition before surgery. Based on this information we will determine the optimal anesthetic technique and go over this plan with you. This is also a good time for your child to ask questions and express any concerns he/she might have to the anesthesiologist.



Contact Information

Anesthesia Resources for Children
12222 Merit Dr,
Suite 600, Dallas, TX 75251
Scheduling:
214.217.ARCh (2724)
Fax: 972.386.2158
Billing/Insurance
Questions:
972-715-5080 or 877-361-1809
We accept most major insurance plans and can work with you on all others.
For more information and visit our website:
www.ARCh4Kids.com

Answers to Questions You Commonly Ask Us

Pre-medication is frequently used for sedation when age appropriate. Anesthesia most commonly begins with your child breathing anesthetic gasses through a mask.
If an intravenous (IV or "needle poke") is needed, it is usually done after your child is asleep. The expertise of a Pediatric Anesthesiologist allows this process to occur in a smooth and a non-threatening way.
Pain control is of utmost importance; it can be achieved with intravenous or oral pain relieving medications.
Pediatric Anesthesiologists also have the training to utilize a variety of novel pain-relieving techniques including caudal, epidural, and peripheral nerve blocks. Your anesthesiologist will discuss these with you in more detail if appropriate.
On awakening from anesthesia, your child may experience nausea and vomiting or agitation. These are common side effects of anesthesia, and are usually easily remedied with time and medication.
Like other medical specialists, anesthesia charges are separate from facility and surgeon fees. If you have any questions about your insurance plan, or anesthesia bill.

Our Anesthesiologists



Annie Kahn, MD
Division Manager
Medical Degree: University of Texas Medical School at Houston
Residency: University of Texas. Medical School at Houston
Pediatric Anesthesia Fellowship: University of Texas Southwestern Medical School/Cook Children's Hospital
Diplomate of the American Board of Anesthesiology and board certified in pediatric anesthesia



Bruce E. Fitzgerald, MD
Medical Degree: The University of Texas Medical School at Houston, TX
Residency: Tulane University Medical Center
Pediatric Anesthesia Fellowship: Children's Hospital of Colorado & Arkansas Children's Hospital.
Diplomate of the American Board of Anesthesiology and board certified in pediatric anesthesia



Chris Clarke, MD
Medical Degree: University of Southern California
Residency: National Naval Medical Center in Bethesda, MD
Pediatric Anesthesia Fellowship: Children's Medical Center, Washington, DC
Diplomate of the American Board of Anesthesiology and board certified in pediatric anesthesia



Ian Miller, MD
Medical Degree: University of Texas Health Science Center San Antonio
Residency: University of Texas Southwestern and Children's Medical Center Dallas
Pediatric Anesthesia Fellowship: Children's Hospital of Wisconsin
Diplomate of the American Board of Anesthesiology and board certified in pediatric anesthesia



Sharon Couch, MD
Medical Degree: Louisiana State University School of Medicine, New Orleans
Residency: Ochsner Medical Center
Pediatric Anesthesia Fellowship: Children's Hospital of Colorado
Diplomate of the American Board of Anesthesiology and board certified in pediatric anesthesia



Kevin Luu, MD
Medical Degree: University of Miami School of Medicine
Residency: Baylor College of Medicine
Pediatric Anesthesia Fellowship: Texas Children's Hospital
Diplomate of the American Board of Anesthesiology and board certified in pediatric anesthesia